# ADAPTIC TOUCH®

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# **Product description**

ADAPTIC TOUCH<sup>®</sup> Non-Adhering Silicone Dressing is a non-adherent, flexible, open-mesh primary wound contact layer. The cellulose acetate knitted mesh is coated with silicone and designed to be non-adherent, and allows the passage of exudate into an absorbent secondary dressing. The soft tack silicone assists dressing application and aids atraumatic removal. The small pore size minimises secondary dressing adherence to the wound bed. ADAPTIC TOUCH<sup>®</sup> can stay in place during dressing application and is designed to be atraumatic with regard to both the wound and surrounding skin during dressing change. The atraumatic nature of the dressing also helps to reduce pain during dressing change (Stephens et al, 2010a; 2010b).

#### Indications

ADAPTIC TOUCH<sup>®</sup> non-adhering silicone dressing is designed as a primary wound contact layer for use in the management of dry to heavily exuding, partial and full-thickness chronic wounds, including decubitus (pressure) ulcers, diabetic ulcers, donor sites, first and second degree burns, traumatic and surgical wounds, and venous ulcers. It is also suitable for use, under medical supervision, with negative pressure wound therapy (Stephens et al, 2010a).

## **Contraindications**

ADAPTIC TOUCH<sup>®</sup> Non-Adhering Silicone Dressing is not indicated for patients with a known sensitivity to silicone or cellulose acetate fabric, or surgical implantation.

## Method of use

A relevantly sized ADAPTIC TOUCH<sup>®</sup> dressing, which is larger than the wound, must be selected to ensure the dressing can be applied to intact skin surrounding the wound margins. ADAPTIC TOUCH<sup>®</sup> can be cut to size and the dressing will not unravel or shed fibres. If more than one piece of ADAPTIC TOUCH<sup>®</sup> is required, the dressings must overlap to avoid secondary dressing adherence to the wound. However, overlap should be minimised to prevent the occlusion of holes.

The wound should be prepared according to wound management protocol. Skin surrounding the wound must be kept dry and protective films should be removed from the dressing. The ADAPTIC TOUCH<sup>®</sup> dressing should be placed directly over the wound and smoothed in place around it. An appropriate, semi-occlusive secondary dressing (i.e. TIELLE<sup>®</sup> hydropolymer dressing) should then be placed over the wound.

#### Mode of action

Soft tack silicone is flexible and conformable to assist dressing application (Stephens et al, 2010a), as well as enable atraumatic removal. The advanced mesh design with smaller pore size allows exudate to pass freely through to the secondary dressing, reduces the possibility of maceration, and minimises secondary dressing adherence to the wound (Stephens et al, 2010a; 2010b).

#### Frequency of change

Dressing change frequency is dictated by good wound care practice and will depend on the condition of the wound. ADAPTIC TOUCH<sup>®</sup> may be left in place for several days, depending on wound condition and exudate level.

#### Sizes/specification

 $5 \text{ cm} \times 7.6 \text{ cm}, 7.6 \text{ cm} \times 11 \text{ cm}, 12.7 \text{ cm} \times 15 \text{ cm}, 20 \text{ cm} \times 32 \text{ cm}.$ 

#### References

Stephens S, Brosnan P, Mistry P et al (2010a) *Evaluation of a Non-Adhering Silicone Wound Contact* Dressing with Optimised Design for the Management of Dry to Heavily Exuding Wounds (In Vitro/ Vivo). Poster, Wounds UK Conference, Harrogate, November 2010

Stephens S, Mistry P, Addison D et al (2010b) *Evaluation of the Properties of a Non-Adhering Silicone Primary Wound Contact Layer (In Vitro).* Poster, Wounds UK Conference, Harrogate, November 2010

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