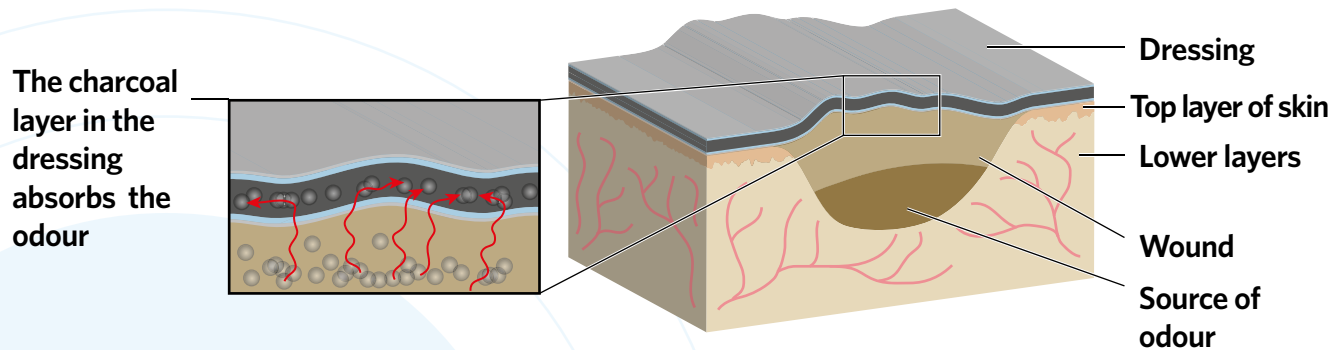


# CliniSorb®

## Helping to reduce odour from your wound

Odour, or smell, can be one of the most distressing aspects of living with a wound and can have a real impact on your quality of life, self-esteem and body image. It can feel embarrassing, or cause anxiety, and sometimes limit daily activities, socialising and intimacy. Odour can also be associated with high fluid levels and pain. You have been prescribed CliniSorb, a dressing that helps to reduce odour from your wound.



### How CliniSorb works

CliniSorb dressings contain activated charcoal, which acts as a filter that neutralises odours. The dressing absorbs the odour and keeps it locked away.

The dressing is soft and flexible, so should be comfortable. It can be cut to size so it fits your

wound and can stay in place for up to a week, and may be used with another dressing if your wound has high fluid levels.

Usually your clinician will apply and change the dressing, but may give you tips on how to get the best out of using it.

#### TIPS FOR USING CLINISORB



Follow your clinician's advice on how to care for your wound.



Try not to get your dressing wet.



Contact your clinician if there is any noticeable change in appearance or odour, or if you experience increased pain.

### How **CliniSorb** can help you

**CliniSorb should help to reduce the odour from your wound. This should help you to feel reassured and get back to daily activities if wound odour has been affecting aspects of your life, such as work or socialising.**

If you are worried about odour, how CliniSorb can help you and how you can feel supported in living with your wound, you might like to discuss these questions with your clinician.

Am I aware of odour from my wound?

Am I concerned that other people will notice it?

Am I worried about the reaction of others?

Do I feel embarrassed?

Does it affect my day-to-day activities, such as working or socialising?

Does it affect my relationships or make me feel isolated?

This resource is designed to ensure you get the most out of **CliniSorb**, so that you can get the best possible benefits from your treatment.

PID 9887

# CliniMed®

## Working with your clinician

clinician's contact number

**Do you have any questions for your next nurse visit?**

**Do you have any concerns about your treatment?**

It can be helpful to track your progress by keeping notes or taking photos if you can, or to jot down any thoughts you might want to remember to discuss with your nurse at your next appointment.