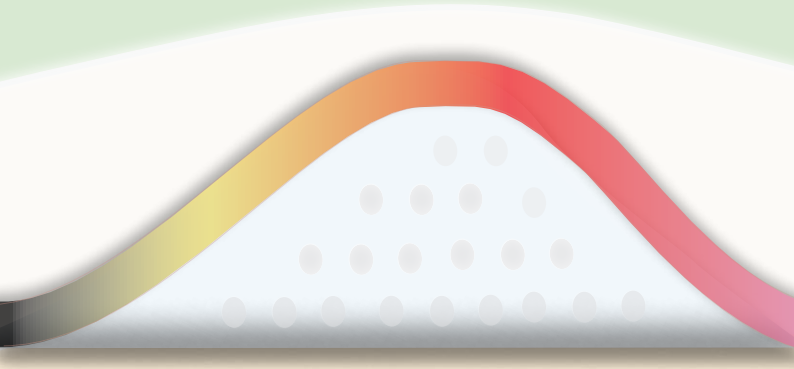
QUICK GUIDE

MEPILEX XT

IN PRACTICE

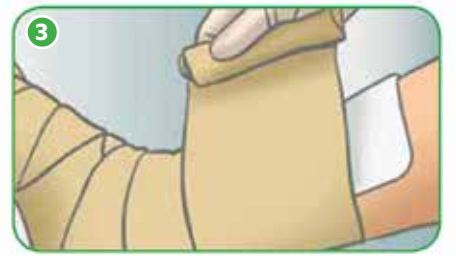


Wounds UK

USING MEPILEX XT

1. Cleanse the wound in accordance with normal procedures. Dry the surrounding skin thoroughly. Remove the release films.

2. Overlap the dry periwound skin by at least 1–2cm for smaller dressing sizes (up to 10x11cm) and 5cm for larger dressings, to protect from maceration and excoriation, and to secure the dressing. If required, Mepilex XT can be cut to various wound shapes. Do not stretch.



3. When necessary, secure Mepilex XT with a bandage or other fixation.

ASSESSMENT INDICATORS FOR USE OF MEPILEX XT

Use Mepilex XT

Rehydrate the wound per local protocol

Use a dressing to prevent moisture loss

Debride according to clinical indications of wound and per local protocol

Amount: Low to moderate

Viscosity: High

- Unique exudate channels to absorb viscous exudate
- Enhanced exudate-management capacity

Amount: Moderate

Viscosity: Medium and thin

- Safetac® layer reduces patient pain and trauma at dressing change and does not adhere to the moist wound

Amount: Moderate to low

Viscosity: Medium and thin

- Conformable and flexible for all wound locations
- Breathable barrier against microbes

Dress wound per local protocol

Moderate

Low/ moderate

Low

Exudate amount

Implement other standard of care (e.g. compression, offloading)

Higher viscosity → **Thinner viscosity**

Tissue types

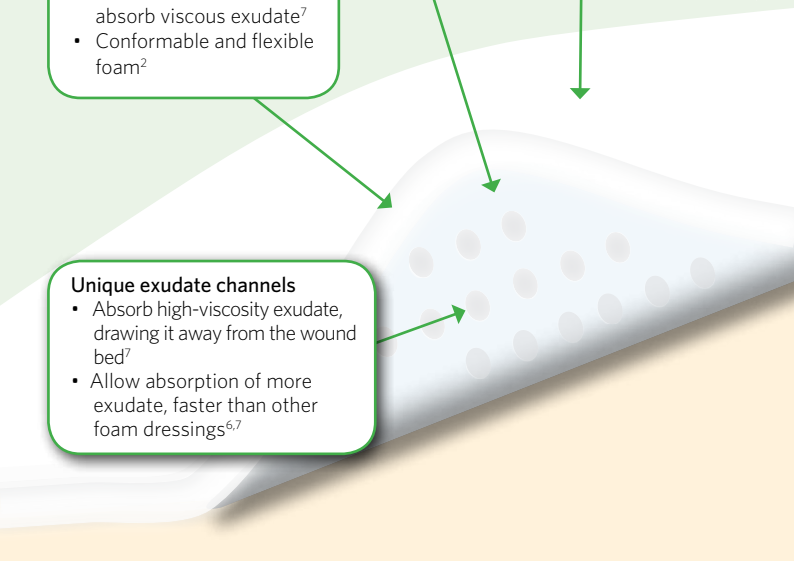
Necrotic | Sloughing | Granulating | Epithelialising

ANATOMY OF MEPILEX XT

Safetac® layer
- Reduces pain and trauma at dressing change[1–3]
- Does not adhere to the moist wound bed, but to dry skin only
- Seals the wound margins and reduces risk of maceration[4]

Polyurethane backing film
- Breathable barrier to virus and bacteria >25nm[5]

Polyurethane foam pad
- Enhanced exudate-management capacity[6]
- Exudate channels to absorb viscous exudate[7]
- Conformable and flexible foam[2]



Unique exudate channels
- Absorb high-viscosity exudate, drawing it away from the wound bed[7]
- Allow absorption of more exudate, faster than other foam dressings[6,7]

THE MEPILEX XT DIFFERENCE

Mepilex XT is a soft, conformable foam dressing designed to transfer exudate rapidly into the absorbent foam pad. Safetac technology seals the wound edges, preventing leakage and subsequent periwound maceration, while minimising the risk of pain and wound and skin damage.

Mepilex XT is replacing Mepilex in supply chains.

Mepilex family ordering information				
Product	**Art No.**	**Size (cm)**	**NHSSC code**	**PIP code**
Mepilex	294015	5x5	ELA715	377-5939
Mepilex XT	211160	10x11	ELA722	395-3320
Mepilex XT	211260	11x20	ELA723	395-3338
Mepilex XT	211360	15x16	ELA724	395-3346
Mepilex XT	211460	20x21	ELA725	395-3353
Mepilex	294500	20x50	ELA383	342-9537

References

1. White R (2008) A multinational survey of the assessment of pain when removing dressings. *Wounds UK* 4(1):14–22.
2. Meuleneire F, Fostier A (2008) Local treatment of heel pressure ulcers with a silicone foam dressing. Poster presented at: Third Congress of the World Union of Wound Healing Societies, Toronto, 4–8 June.
3. Upton D, Solowiej K (2012) The impact of atruamatic vs conventional dressings on pain and stress. *J Wound Care* 21(5):209–15.
4. Wiberg AB, et al (2008) Preventing maceration with a soft silicone dressing: in-vitro evaluations. Poster presented at: Third Congress of the World Union of Wound Healing Societies, Toronto, 4–8 June.
5. Data on file. External Test Lab Report no. 413098 (Nelson Laboratories).
6. Data on file. Fluid handling and retention properties Mepilex XT: Report no. 20130123-006/20121107-014/20130729-001 (SMTL).
7. Data on file. Fluid handling and retention properties with Viscous test Fluid Mepilex XT, Report No. 20130104-004/ 20121012-004/20130515-001/20130814-004(MHC).

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