

# QUICKGUIDE

duomed® soft **2easy**®

**TWO** 

are **easier** than

 **ONE**

Wounds UK

## duomed<sup>®</sup> soft **2easy**<sup>®</sup>

**duomed soft 2easy** is a ground-breaking solution to compression hosiery acceptance designed by Dr Robert Lister, a UK dermatologist, who recognised a worrying trend among his patients of not wearing their one piece garments due to difficulties getting them on and off, especially for those who struggled to bend down or had dexterity issues.

Compression therapy is considered the gold-standard treatment for venous leg ulcers (VLUs) and is known to improve healing and reduce recurrence, as well as reducing symptoms, such as swelling (Harding et al, 2015). However, many patients find one piece compression garments difficult to put on and remove.

Dr Lister decided to take matters into his own hands and invented a unique two piece compression hosiery system — **a calf sleeve and anklet** — which can be easily manoeuvred over a patient's foot.

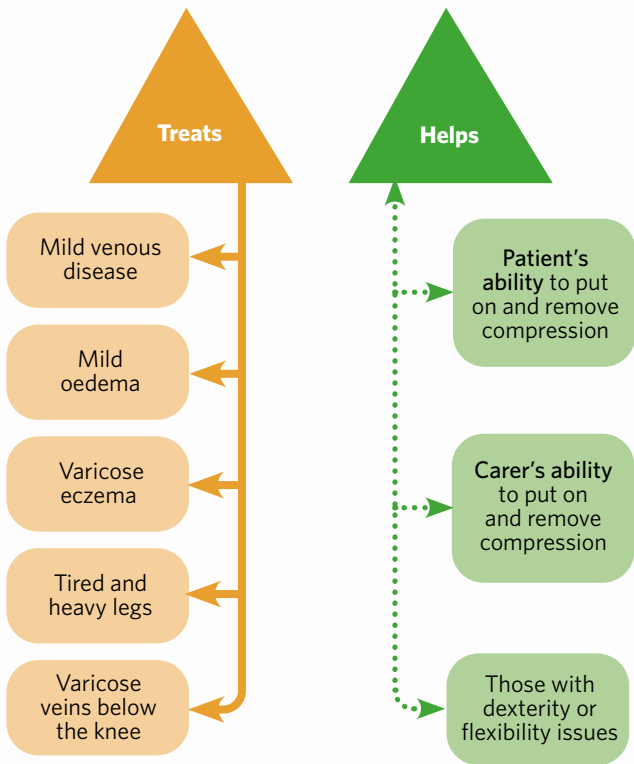


Collaborating with medi UK to develop and manufacture the idea into a product that can be used by patients, **duomed soft 2easy** is now available on prescription.

It has been proven that treatment is more successful if the individual patient is happy with their prescribed treatment and engaged in their own care (WUWHS, 2020).

## Potential benefits of duomed soft *Zeasy*

▶ In the absence of red flags (NWCSP, 2020)



## A new patient-centric approach

Compression therapy is only effective when worn consistently. To facilitate this, patients need to have a choice and know that there are options available to suit their individual needs (WUWHS, 2020). This may be particularly important for people with mobility or dexterity issues, who need an option that is easier to put on or take off.

### Questions to ask patients about compression therapy

- What are your priorities regarding your treatment?
- Are there any lifestyle considerations we should bear in mind?
- Do you have any concerns about your treatment and how it works?
- Do you have any questions about how compression therapy will work?
- Do you feel confident putting on and taking off your compression garments yourself?
- Do you know where to access support if you need it?

### References

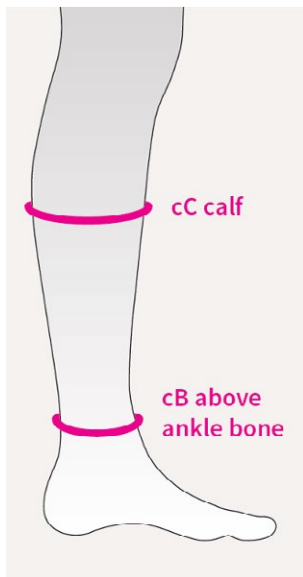
- Harding K, Dowsett C, Fias L et al (2015) *Simplifying venous leg ulcer management: consensus recommendations*. Wounds UK, London
- National Wound Care Strategy Programme (2020) *Lower limb: Recommendations for clinical care*. NWCSP, London
- World Union of Wound Healing Societies (2020) *Optimising wound care through patient engagement*. Wounds International, London

## Application

**duomed soft 2easy** provides an easy to put on and remove solution, supporting patient motivation and engagement.



To order duomed soft *2easy*, simply measure the ankle and calf to find the size needed



**Below knee 2 piece system calf sleeve and anklet, closed toe**

**Material**

Light and sheer

**British standard  
compression class 1  
and 2**

BS ccl1  
(14-17mmHg)

BS ccl2  
(18-24mmHg)

Supplied as a pair, with additional anklets available as spares

Size circumference in cms	2 (S)	3 (M)	4 (L)	5 (XL)	6 (XXL)
cC Calf	28-34	32-38	36-42	40-46	44-50
cB Ankle	19-21	22-24	25-27	28-30	31-34

Order codes	BS ccl1		BS ccl2	
Colour	Sand	Black	Sand	Black
duomed soft <i>easy2</i> calf sleeve and anklet (pair)	DT2E1/Size	DT2E1/B/Size	DT2E2/Size	DT2E2/B/Size
Anklet (pair)	DT2E1A/Size	DT2E1A/B/Size	DT2E2A/Size	DT2E2A/B/Size

NB. when ordering add size at the end of the code (e.g. DT2E1/B/S)